



Welcome to the 2022 season of the  
**Conetoe Life Center CSA**  
Farm Box Program

**We are so glad to have you support our community this year.**

**Community-supported agriculture (CSA) is a food production and distribution system that directly connects farmers and consumers.**

**In short: people buy "shares" of a farm's harvest in advance and then receive a portion of the crops as they're harvested.**

**By purchasing a CSA share you are directly supporting the work that we do at CFLC in youth and community development.**

**Our community works well because of your support!**

Our CSA offers a 16-Week subscription, which begins the week of May 30<sup>th</sup> and ends the week of September 26<sup>th</sup>. Each box has 6-7 seasonal produce items like :

- |                  |              |
|------------------|--------------|
| - Collard Greens | - Zucchini   |
| - Kale           | - Broccoli   |
| - Tomatoes       | - Peppers    |
| - Carrots        | - Cantaloupe |
| - Swiss chard    | - Watermelon |
| - Spring Onions  | - Okra       |
| - Blueberries    | - Kohlrabi   |
| - Strawberries   | - Spinach    |
| - Cucumbers      | - Corn       |
| - Yellow Squash  |              |

The total price per subscription is \$400 for the full season.

Pick-up Locations (both on Thursdays from 3-6):

Vidant Health  
2100 Stantonsburg Rd, Greenville, NC 2

ECU Health Sciences Campus  
2205 W 5th St, Greenville, NC 27834

Please email us at [thefarm@conetoelife.org](mailto:thefarm@conetoelife.org) to be added to our CSA email list and follow us at @Conetoe Family Life Center on Facebook and @ContoeFamilyFarm on Instagram to learn more about our programs!

Thank you for your help in our commitment to improving our community.

